

RESPITE SUPPORTS

What is Respite:

Respite supports are a family support system that provides temporary relief to families caring for an individual with a developmental disability. Respite allows the families to keep their family members at home with them, while also allowing time for themselves.

Respiteservices.com is a service delivery mechanism designed to make access to respite services easier for families and caregivers. Currently the services offered by respiteservices.com include the CHAP program (a worker database for in home support), Access Facilitation and Training opportunities for workers and families.

The Respite website, www.respiteservices.com is an integral part of Respite supports, and a convenient way to meet the needs of families requiring respite support. The online respite care resource is a virtual “one-stop shop” for families looking for respite care in Toronto.

How to Apply:

Families or an agency on behalf of a family can contact respiteservices.com directly by telephone at 416-322-6317 ext 1 or by visiting www.respiteservices.com and registering for services on-line.

Services:

Respite within Toronto is offered in a variety of forms; In-home respite which refers to a one to one worker coming into the family home to support; and Out of home respite which refers to residential overnight respite; after school, day, evening, weekend and summer camp. Families can access services by contacting respiteservices.com or by contacting an agency directly. For families interested in an In-home worker access to the CHAP (Community Helpers for Active Participation) program through respiteservices.com will enable them to connect with potential workers.

Financial Assistance forms:

A number of funding options are available to adults with a developmental disability. One of those options is Special Services at Home. The forms that are required in order to apply for this funding are available through respiteservices.com. If a family member requires assistance with filling out the forms please contact your Access Facilitator if one has been assigned. If the family does not currently have an assigned Access Facilitator please contact the

In House Access Facilitator at 416-322-6317 ext 1 or email at info@respiteservices.com.

Funding Workshops:

Funding workshops for families to attend who require assistance with filling out their funding forms are provided through respiteservices.com. These workshops assist families to ensure maximum funding support is secured. Funding workshops are offered twice a month from September to June and once a month during July and August. One workshop in the month is offered in the morning and one is offered in the evening. Families must register in advance of the workshop by calling the In House Access Facilitator at 416-322-6317 ext 1.