

Do you still have questions?

If you still have questions about your choice you may find the answer in the Frequently Asked Questions included with this brochure, or Contact Passport at Family Service Toronto (FST) Phone: 416-780-1106

***A Self-Advocate says:**
“Planning is very important because it helps you be responsible and to be well prepared for your future”.*

**Individual brochures on
Passport Initiative**

**Overview, mentoring and
funding are also available.**



Better Futures Through Partnerships

DEVELOPMENTAL SERVICES AGENCIES SERVING

ADULTS IN TORONTO

Addus	416-544-8847
Bob Rumball Centre for Deaf	416-449-9651 or 416-449-2728 TTY
Christian Horizons	416-630-3646
Community Living Toronto	647-426-3219 or 3220
CORE	416-340-7929
Common Ground Cooperative	416-421-7117
COTA Health	416-785-9230
Family Service Association of Toronto	416-971-6326
Geneva Centre for Autism	416-322-7877
Griffin Centre	416-222-1153
Harmony Place Services	416-510-3114
JVS Toronto	416-787-1151
Kerry's Place Autism Services	416-534-1644
L'Arche Toronto	416-406-2869
Mary Centre	416-630-5533
Meta Centre	416-736-0199
Montage Support Services	416-780-9630
Muki Baum Treatment Centres	416-630-2222
New Leaf	1-888-742-3391
New Visions Toronto	416-868-1493
Operation Springboard	416-913-1301
Participation House Toronto	416-439-3226
Pegasus	416-691-5651
Reena	905-889-6484
Safehaven	416-535-8525
St. Vincent de Paul	416-265-2605
Salvation Army Broadview Village	416-425-1052
Surex	416-469-4109
Surrey Place Centre	416-925-5141
Vita	416-749-6234
Woodgreen Community Services	416-469-5211



***Person Directed
Planning***

***Plain Language
Version***

***Why it's important and
how you can do it?***

Why is planning important?

It is important if:

- ⇒ You know what you want and you would like help from your family and friends to decide what to do next
- ⇒ You are not sure what you want and would like your family and friends to help you talk about what you want and what you need to do next to get what you want
- ⇒ You don't feel you have anyone to help you talk about what you want or you know

What are some questions to think about for planning?

You may also choose to think about these questions before your planning meeting:

- ⇒ Who is important to you?
- ⇒ What activities do you like and not like?
- ⇒ What makes you happy?
- ⇒ What makes you feel safe?
- ⇒ What makes you sad or angry?
- ⇒ What things worry or frighten you?
- ⇒ Where do you want to live?
- ⇒ What activities do you want to do or try?
- ⇒ Who do you want to live with or do things with?
- ⇒ What other things would you like and who support you?

How can you plan for what you want and what to do next?

1. You can ask your family and friends to help you talk about this at a planning meeting
 2. You, your family and friends may choose to ask someone called a “planner” to help with the planning meeting
 3. You may choose someone from an agency to help you and your family and friends find a “planner” for your planning meeting
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