



Community Participation Programs Information

These community participation program listings can be a useful tool to support you when choosing a service or resource. Please contact the following programs for more detailed information.

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| ADDUS | |
|------------------------------------|--|
| Contact | Christine Pirson – Day Supports Manager |
| Phone | 416-544-8847 ext.23 christine@addus.org |
| Website | www.addus.org/home.html |
| Service options / details: | Day Supports/community connections programs: Internal Individualized Program, Internal Vocation Program, Social Club |
| Area / Location | Yonge/Eglinton (2 program locations) and Bloor West Village |
| Hours | 8:30am – 3:00pm (Mon-Fri)- Day program 2:30pm-6pm Tues+Thurs – Social Club 1:30-7pm Saturday Events program |
| Evenings / Weekends | only in relation to Social club programming days till 6pm |
| Flexible Days | No |
| Staff: Client Ratio | 1:5, 1:3 on occasion 1:1 |
| Accessible Space | Accessible except for west end location |
| Individual Programs | availability based on Addus vacancies |
| Work Options | Yes |
| Volunteer Opportunities | Yes – through day program blocks |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes – via current programs in Day supports and community connections program |

| BRCD – Bob Rumball Centre for the Deaf | |
|---|--|
| Contact | Margie Caird - Program Facilitator |
| Phone | 416-449-9651 ext. 127 416-449-2728 ext. 136 (TTY) |
| Website | www.bobrumball.org/BRCD/brcd_home.html |
| Service options / details: | Adult Community Access Supports - enhance independence to deaf individuals with an intellectual disability. Program offers a wide variety of activities such as wood working, computer skills, life skills/social skills, arts and crafts, various day trips in the community and more |
| Area / Location | Toronto/Bayview & Lawrence |
| Hours | 8:00am to 3:30pm |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:6 |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | No |
| Recreation Options | No |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | Deaf |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | No |

| Christian Horizons | |
|------------------------------------|---|
| Contact | Michelle Norton - Community Development Manager |
| Phone | 416-630-3646 ext. 5248 mnorton@christian-horizons.org |
| Website | www.christian-horizons.org/ |
| Service options / details: | Community Support Service Activities are planned according to the needs and preferences of the person; may include life-skills (including cooking), recreation, community integration, volunteerism, sensory (Snoezelen), physical activity, crafting, carpentry, music and more Assist in meeting mental health, behavioural, and medical needs Assist individuals in identifying and using their strengths and resources. Maintain or develop strategies to enhance quality of life (life skills, self-care, employment, community life, and spiritual life) Promote community involvement and the use of community resources Promote recreation and leisure/fitness opportunities Are outcome-oriented, evaluated and responsive |
| Area / Location | North Toronto |
| Hours | 8:30 a.m. - 3:30 p.m. |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | Varies |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Christian – open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes, community integration/involvement |

| Community Living Toronto | |
|------------------------------------|---|
| Contact | Carolyn Clyde-Gardiner or Susan Goodman |
| Phone | 647-426-3219 cgardiner@cltoronto.ca 647-426-3220 sgoodman@cltoronto.ca |
| Website | www.communitylivingtoronto.ca |
| Service options / details: | Facilitators are available to support you in choosing your individualized community and program activities. We offer supports to help you develop a person-directed plan and individualized budget. Planning is based on personal interests, strengths and supports |
| Area / Location | Toronto |
| Hours | Daily |
| Evenings / Weekends | Yes |
| Flexible Days | Yes |
| Staff; Client Ratio | Varies with needs of person and activity |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| C.O.R.E | |
|------------------------------------|--|
| Contact | Intake Coordinator |
| Phone | 416-340-7929 ext. 303 edodorico@core-toronto.ca |
| Website | www.core-toronto.ca |
| Service options / details: | Centre for Opportunities, Respect and Empowerment (CORE) serves adults with challenges, especially those with severe behavioural problems due to mental illness and/or developmental challenges. Our mission is to operate a day program that will engage adults with challenges in activities that will support them in maintaining mental and physical wellness while encouraging self-determination and social integration. We believe that all adults should have the opportunity to engage in productive work activity if they wish to do so, regardless of the nature or severity of their challenges. |
| Area / Location | 11 Charlotte Street (King and Spadina) |
| Hours | M/W/Th 8:30 - 3:00, Tu/F 8:30 - 2:00 |
| Evenings / Weekends | Closed |
| Flexible Days | In Centre Based Day Program |
| Staff: Client Ratio | 1:10 |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Work and volunteer placement training opportunities in Lifestyle Strategies program and Culinary Connections; work activities available in Centre Based Day Program |
| Volunteer Opportunities | Volunteer placement training opportunities in Lifestyle Strategies program; placement opportunities in Culinary Connections |
| Recreation Options | Recreational Therapist on staff who works with all programs; on-site gym; off-site Farm Project offers outdoor recreational activities, daily living skills and exposure to farm animals, apiary, and gardening |
| Community Outings | Yes |
| Sensory Programs | |
| Special Focus (i.e. Autism) | Adults with developmental disabilities / mental illness / dual diagnosis/ autism spectrum disorders/ individual behavioural and diverse needs |
| Cultural Focus | Open to all |
| Flexible Activities | Structured individualized programming in Lifestyle Strategies; flexible activities in Centre Based Day Program |
| Supported Community Options | Programming integrated into larger community |

| Corbrook - Work Centre | |
|------------------------------------|---|
| Contact | Paulette Cross (Vocational Counselor) |
| Phone | 416-245-5565 ext. 222 paulette.cross@corbrook.com info@corbrook.com |
| Website | www.corbrook.net |
| Service options / details: | Work Centre program focusing on light packaging and assembly contracts and Adult Literacy |
| Area / Location | 581 Trethewey Drive (Jane and Trethewey) |
| Hours | 8:30 a.m.-3:30 p.m. M-F |
| Evenings / Weekends | No |
| Flexible Days | Minimum Requirements |
| Staff: Client Ratio | 1-20 |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | Incentive Earning |
| Volunteer Opportunities | No |
| Recreation Options | No |
| Community Outings | No |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| Corbrook - R.E.V.E.L | |
|------------------------------------|---|
| Contact | Intake Worker |
| Phone | 416-431-9000 |
| Website | www.corbrook.net |
| Service options / details: | Offer a variety of Social/Recreational Activities: <ul style="list-style-type: none"> • Art • Baking / cooking • Computer skills • Expressive journaling • Exercise and nutrition • Life skills • Literacy • Money management • Music • Socializing • Wellness |
| Area / Location | 931 Progress Avenue (Progress and Markham) |
| Hours | 9:00 a.m.-3:00 p.m. M-F |
| Evenings / Weekends | No |
| Flexible Days | Yes – can be part time |
| Staff: Client Ratio | 1-10 |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | No |
| Volunteer Opportunities | No |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | Flexible schedule in Centre Based Activities |
| Supported Community Options | No |

| Common Ground Coop. | |
|------------------------------------|--|
| Contact | Karen Curtis – Training Coordinator |
| Phone | 416-421-7117 ext. 203 karen@commongroundco-op.ca |
| Website | www.commongroundco-op.ca |
| Service options / details: | A non-profit organization that creates business opportunities for people with developmental disabilities. Common Ground Cooperative currently supports 5 social enterprises, which are operated and owned by 60+ Partners with developmental disabilities. In addition to these social enterprises, we offer a Foundation Program for people with developmental disabilities transitioning out of school to the working world for individuals 18+. |
| Area / Location | GTA |
| Hours | 8:00am to 6:00pm - Hours vary from location |
| Evenings / Weekends | No |
| Flexible Days | Monday - Friday Only |
| Staff: Client Ratio | Varies from location |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | 5 Social Enterprises - Applicants can apply to the Foundations program, once co-op portion is completed, they can apply to become an apprentice |
| Volunteer Opportunities | Yes - where needed |
| Recreation Options | No |
| Community Outings | No |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | Job Coaching |

| Frontier College | |
|------------------------------------|--|
| Contact | Susan Macdonald & Angela Bisby – Program Coordinators |
| Phone | 416-923-3591 Ext: 321 / 306 |
| Website | www.frontiercollege.ca |
| Service options / details: | One-to-One literacy and numeracy tutoring, individually or in a small group setting |
| Area / Location | Frontier College – (Yonge and St. Clair) and JVS Al Green Resource Centre (Dufferin and Lawrence) |
| Hours | 2 hour sessions Monday to Thursday |
| Evenings / Weekends | No weekends |
| Flexible Days | Yes, once a week for 2 hours |
| Staff: Client Ratio | One-to-one and two to five |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | No |
| Volunteer Opportunities | Yes |
| Recreation Options | No |
| Community Outings | No |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | Level one or pre-level one learners (basic literacy) |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Geneva Centre for Autism (ADULT SERVICES) | |
|--|--|
| Contact | Contact our Adult services Supervisor |
| Phone | 416 322 7877 |
| Website | www.autism.net/ |
| Service options / details: | Day Supports Program; Individualized Transitional Supports; Counseling; Behaviour / Communication Consultation; Adult Workshops; Rec/Leisure Activities and Social Clubs |
| Area / Location | Yonge and Davisville |
| Hours | Flexible weekday appointments |
| Evenings / Weekends | Yes |
| Flexible Days | Yes |
| Staff: Client Ratio | Individualized |
| Accessible Space | 224 Merton is wheelchair accessible on the ground floor and has barrier free washrooms. Street parking close to entrance |
| Individual Programs | Yes |
| Work Options | No |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | O.T. consultation as deemed appropriate |
| Special Focus (i.e. Autism) | Yes - Autism Spectrum Disorders |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Individualized |

| Griffin Centre | |
|------------------------------------|---|
| Contact | Adult Intake Worker |
| Phone | 416-222-3563 contact@griffin-centre.org |
| Website | www.griffin-centre.org/ |
| Service options / details: | <p>The Adult Social Club offers a chance to socialize and have fun in a supported setting. This Club meets one evening per week and runs for 8 week sessions in the fall, winter and spring. Activities include: Sports (baseball, basketball, and floor hockey), Games (card games, board games, bingo) and Arts & Crafts. This environment also creates an opportunity to learn skills such as Social Skills, Life Skills (cooking), Community Awareness and Street Safety</p> <p>Cost: \$2 per session=\$16 for the complete 8 week sessions Applications with payment – 3 weeks prior to start date</p> |
| Area / Location | Toronto (24 Silverview Drive North York, Ontario M2M 2B3) |
| Hours | Thursdays from 4:00 PM to 7:00 PM October 6 – November 24, 2011, January 26 – March 15, 2012 April 26 – June 14, 2012 |
| Evenings / Weekends | No |
| Flexible Days | No |
| Staff: Client Ratio | Varies |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | No |
| Volunteer Opportunities | No |
| Recreation Options | Yes |
| Community Outings | No |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | Dual Diagnosis |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | No |

| Reconnect – Offered in Partnership with Griffin Centre & CORE | |
|--|---|
| Contact | Intake Worker |
| Phone | 416-248-2050 ext. 239 |
| Website | www.reconnect.on.ca/ |
| Service options /details: | The Dual Diagnosis Day Program is a one-year program that offers group programming and case management to individuals who have a dual diagnosis (serious mental illness and developmental disability) Through the program, participants are assisted in transitioning to long-term supports in other Reconnect programs or in other community-based programs. The program is offered in partnership with Griffin Centre and CORE. |
| Area / Location | West end/ Etobicoke |
| Hours | M-F daytime hours |
| Evenings / Weekends | No |
| Flexible Days | Depends on program |
| Staff: Client Ratio | 1:12 |
| Accessible Space | Limited |
| Individual Programs | No |
| Work Options | No |
| Volunteer Opportunities | No |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | Dual Diagnosis-Mental health (must be primary focus) |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| Harmony Place | |
|------------------------------------|---|
| Contact | Antonella Paolicelli – Program Manager |
| Phone | 416-510-3114 antonella@harmonyplace.on.ca Day Program: 416-510-3351 |
| Website | www.harmonyplace.on.ca/ |
| Service options / details: | Our Community Participation Programs are: Bowling, Swimming, Sensory activities, yoga fitness, cooking, sports, movies, music, creative arts, and Community outings |
| Area / Location | 132 Railside Rd Unit 6 North York ON M3A 1A3 (East end) |
| Hours | 9:00am-3:00pm |
| Evenings / Weekends | Yes |
| Flexible Days | 2-5 |
| Staff: Client Ratio | 1:3 |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes (placement opportunities that may lead to employment) |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes (use the one on-site as well as the sensory room at Bloorview) |
| Special Focus (i.e. Autism) | No |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Humber College – Community Integration Through Co-Operative Education (CICE) Program | |
|---|--|
| Contact | Rosanna To – Program Coordinator |
| Phone | 416-675-6622 ext. 4288 |
| Website | T*/tp://healthsciences.humber.ca/programs/cice/cice1/overview1 |
| Service options / details: | <p>The Community Integration through Co-operative Education program provides adults with developmental disabilities the opportunity to experience college life. You will have the opportunity to acquire skills you can use at college, work, home and in the community. The goals of the program are to support students to:</p> <ul style="list-style-type: none"> • Participate in college programs and activities • Test and develop skills for potential employment • Pursue personal areas of academic/vocational interest • Function more independently by attending classes in social, academic and life skills development • Strengthen skills and self – confidence to enrich the quality of their lives and actively participate in their community <p>The CICE program offers opportunities for students to participate in class with their CICE Peers as well as the college community. Classes with peers from the CICE program focus on developing independent skills in areas such as writing, basic math, communications, life skills and human relations.</p> |
| Area / Location | Humber North Campus – 205 Humber College Blvd. |
| Hours | See Timetable for course times |
| Evenings / Weekends | No |
| Flexible Days | No |
| Staff: Client Ratio | Classroom setting: 1:20 |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | Yes-Beginning of semester two, students will have an opportunity to participate in a field placement, which gives them work experience either on or off campus |
| Volunteer Opportunities | No |
| Recreation Options | No |
| Community Outings | No |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| JVS-Al Green Workshop | |
|------------------------------------|--|
| Contact | Ken Percy --Workshop Supervisor |
| Phone | 416 649 1573 |
| Website | www.jvstoronto.org/index.php?page=the_al_green_resource_centre |
| Service options / details: | A workshop focusing on light industrial and packaging contracts |
| Area / Location | Dufferin and Eglinton |
| Hours | 9:00-3:00 flexible M-F |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:10 |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | Stipend |
| Volunteer Opportunities | Yes |
| Recreation Options | No |
| Community Outings | No |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| JVS- YCCS | |
|------------------------------------|--|
| Contact | Bruna Rizvanolli – Workforce Specialist |
| Phone | 416-649-1568 |
| Website | www.jvstoronto.org/index.php?page=youth_community_choices_for_success_yccs |
| Service options / details: | A social/recreation and employment program which leads to volunteer placements in the community |
| Area / Location | Dufferin and Eglinton |
| Hours | 9:00-5:00 flexible M-F |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:8 |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | Youth between the ages of 18-30 with a diagnosis of Developmental Disability or Dual Diagnosis |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| JVS-DWC | |
|------------------------------------|--|
| Contact | Tamara Dachuck - Workforce Specialist |
| Phone | 416-649-1569 |
| Website | www.jvstoronto.org/index.php?page=developing_work_connections_dwc |
| Service options / details: | A social/recreation and employment program which leads to volunteer placements in the community |
| Area / Location | Dufferin and Eglinton |
| Hours | 9:00-5:00 flexible M-F |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:10 |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | Volunteer |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| JVS-Path 2 Work | |
|------------------------------------|--|
| Contact | Greg Vasilkioti |
| Phone | 416-649-1565 |
| Website | www.jvstoronto.org/index.php?page=path_2_work |
| Service options / details: | A program designed to assist persons with developmental disabilities achieve paid employment |
| Area / Location | Dufferin and Eglinton |
| Hours | Varies dependent on stage of program |
| Evenings / Weekends | No |
| Flexible Days | N/A |
| Staff: Client Ratio | 1:4 |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | Paid |
| Volunteer Opportunities | Yes |
| Recreation Options | No |
| Community Outings | No |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| Kerry's Place | |
|------------------------------------|--|
| Contact | Maggi Hanes – Autism Consultant |
| Phone | 416-537-2000 |
| Website | www.kerrysplace.org |
| Service options /details: | Services and supports to adults and children with an Autism Spectrum Disorder, including Aspergers and PDD. Programs includes swim club, social club and other recreational programs, community consultation and supports for children, youth and adults. |
| Area / Location | Main Office: 12A- 219 Dufferin St. Toronto ON M6K 3J1 Resource Centre: 376 Rusholme Road, Toronto ON. Please call main office for drop-in times. |
| Hours | Hours of service vary depending on the particular program; please inquire for more details |
| Evenings / Weekends | Yes, please inquire |
| Flexible Days | |
| Staff: Client Ratio | Staff to participant ratio varies depending on the program and services |
| Accessible Space | Main office is not wheelchair accessible; accessibility at other locations is limited and dependent on site-specific activities. There is partial access via a ramp at the Resource Centre (please call beforehand to ensure a clear way up the driveway: 416-534-1644) but no wheelchair access to its bathroom |
| Individual Programs | Yes |
| Work Options | We have a partnership with JVS |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | Autism Spectrum Disorders/Asperger's/PDD |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| L'Arche Toronto | |
|------------------------------------|--|
| Contact | Amy DeMoulin - Executive Director, Community Leader |
| Phone | 416-406-2869 ext. 28 demoulin@larchetoronto.org |
| Website | www.larchetoronto.org |
| Service options /details: | Daytime Arts Program - Each day a group of young adults will work with Cheryl Zinyk, or others in the creative arts community, to develop skills in drama, dance, voice and art. Programs: Sol Express Performers - This program is open to committed people who have a developmental disability and love to perform. Participants must be able to travel independently, to take direction, and to work well in a team. Sol Express Creative Arts -This is a non- performance oriented session that involves music, movement, crafts, theatre games and story development |
| Area / Location | 186 Floyd Ave. Toronto, ON M4J 2J12 |
| Hours | 9:30AM - 3:00PM Sol Express Performers - Mon. & Tue. Sol Express Creative Arts -Wed. & Thurs. |
| Evenings / Weekends | No |
| Flexible Days | No |
| Staff: Client Ratio | 1:6 |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | No |
| Volunteer Opportunities | No |
| Recreation Options | No |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| Mary Centre | |
|------------------------------------|---|
| Contact | Terry Elliott -- Program Manager |
| Phone | (905) 866-6300 ext. 221 |
| Website | www.marycentre.com/ |
| Service options /details: | Community Support: Individual Support & Introduction to Community -- teaches life skills such as cooking, community and social skills |
| Area / Location | Peel Region |
| Hours | 8:30A.M – 3:00 P.M |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | 4:1 |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | No |
| Volunteer Opportunities | No |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | Adults (21 and older) with developmental disabilities |
| Cultural Focus | Catholic/Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Mary Centre | |
|------------------------------------|--|
| Contact | Tracey Berman |
| Phone | 416-630-5533 ext. 222 traceyb@marycentre.com |
| Website | www.marycentre.com/ |
| Service options /details: | Day Away -- for seniors with Dementia and Alzheimer's |
| Area / Location | Toronto |
| Hours | 9:00 am -5:00pm |
| Evenings / Weekends | Monday to Friday |
| Flexible Days | Yes |
| Staff: Client Ratio | 2: 15 |
| Accessible Space | No |
| Individual Programs | Yes |
| Work Options | No |
| Volunteer Opportunities | No |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | Seniors with a developmental disability with Dementia and Alzheimer's |
| Cultural Focus | Catholic/Open to all |
| Flexible Activities | Yes |
| Supported Community Options | |

| Mary Centre | |
|------------------------------------|--|
| Contact | Denise Tremblett |
| Phone | 416-630-5533 |
| Website | www.marycentre.com/ |
| Service options /details: | C.S.I. – integrated seniors program |
| Area / Location | Toronto |
| Hours | 1 day a week on Wednesdays for 8 weeks sessions |
| Evenings / Weekends | Wednesdays |
| Flexible Days | No |
| Staff: Client Ratio | 2:10 |
| Accessible Space | Community based - yes |
| Individual Programs | Group activities |
| Work Options | No |
| Volunteer Opportunities | No |
| Recreation Options | Social recreational and leisure |
| Community Outings | Yes the entire program is community based |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | Seniors 55 years and older with a developmental disability |
| Cultural Focus | Catholic/Open to all |
| Flexible Activities | Yes |
| Supported Community Options | |

| Meta Centre | |
|------------------------------------|---|
| Contact | Rob Passaro (ext. 330), Erin Weinroth (ext. 322) or Amanda Franklin (ext. 323) (Social Workers) |
| Phone | 416-736-0199 rpassaro@metacentre.ca |
| Website | http://www.metacentre.ca/ |
| Service options /details: | Day Programming - Monday to Friday (Fee-for-Service) |
| Area / Location | Scarborough and Toronto |
| Hours | 9:00am-3:00pm |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | Low, moderate and high support, 1:1 available, 1:5; 1:6 |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Montage Support Services | |
|------------------------------------|--|
| Contact | Brian Woodman -- Director of Community Services |
| Phone | 416-780-9630 ext.237 bwoodman@montagesupport.ca |
| Website | www.montagesupport.ca |
| Service options / details: | <p>Individualized Planning and Support for people who receive Passport funding and would like help implementing supports that are unique. This can include, but is not limited to, creating a person-directed plan, providing 1 x1 support in the community based on your interest, making community connections, writing contracts, creating budgets, helping you build a support network, investigate housing options, and helping administer your funds.</p> <p>Montage also has a community based support opportunity for 3 people to share 2 staff for a daily fee. This opportunity is limited to a specific number of people.</p> |
| Area / Location | City of Toronto |
| Hours | Flexible |
| Evenings / Weekends | Yes |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:1; 2:3 maximum |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | Yes |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Muki Baum | |
|----------------------------------|--|
| Contact | Cheryl Farrugia – Executive Director Lesley Ottley – Executive Assistant |
| Phone | 416-633-5775 ext. 120 lesley@mukibaum.com |
| Website | www.mukibaum.com/ |
| Service options /details: | <p>Vocational Program Within the program, participants also receive training in various social and work related skills with the goal of being able to identify and resolve work-related difficulties. We develop strategies to improve each person's ability to increase the pace at which they can absorb new information and cope with its complexity. The contracts we get from interested community businesses are paid contracts. The overall goal is to prepare the people we serve for integration in work placements within the community.</p> <p>Sensory Programs The Sensory-Motor Program helps adults with a sensory input disorder become more comfortable with various sensory input, self-regulation, motor skills, attention and interaction. By achieving a state of calm alertness, a foundation is created for the evolvement of perceptual and cognitive skills, communication, interaction, play, self-care skills, and body awareness.</p> <p>Arts Program The Arts provides adults with complex disabilities with the opportunity to enjoy art both passively as audience and actively as creators; creators that actualize their artistic potential and demonstrate that artistic talent can shine through disability.</p> <p>Expressive Arts Therapy (Art, drama, dance, music)– provides individuals with a means to express and communicate their thoughts and feelings in a safe and creative way (materials include clay, pastels, mixed medium, virtual reality, movement and gestures through dance and drama, listening to music, singing and playing musical instruments)</p> |
| Area / Location | 40 Samor Road, Toronto, ON (Dufferin and Lawrence area) |
| Hours | 8:30 – 3:00 Monday, Tuesday, Wednesday and Friday; Thursday 8:30-12 |
| Evenings / Weekends | No |
| Flexible Days | No |
| Staff: Client Ratio | Varies |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |

| | |
|--|----------------|
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | Dual Diagnosis |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Operation Springboard | |
|------------------------------------|--|
| Contact | Sherry Gautam – Intake |
| Phone | 416-913-1301 ext. 30 |
| Website | http://www.operationspringboard.on.ca/ |
| Service options /details: | Day, Evening and Weekend Social Activities and Life Skills Training (Please contact intake for specific areas of interest not listed) |
| Area / Location | Scarborough |
| Hours | Thurs 12pm to 4 pm Cooking and Arts Sat 10:30 am to 3:30 pm Community Exploration |
| Evenings / Weekends | Yes |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:6 |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Pegasus | | | | | | | | | | | |
|---|---|---|----------------------------------|------------------------|---------------------|---------------------------------|---------------------------------|-------------------------------------|-----------------------------|----------------------------|--|
| Contact | Cheryl Galbraith - Program Manager | | | | | | | | | | |
| Phone | 416-691-6835 cgalbraith@pegasustoronto.ca | | | | | | | | | | |
| Website | www.pegasustoronto.ca/ | | | | | | | | | | |
| Service options /details: | <p>Daytime Community Participation Supports for adults with developmental and physical disabilities.</p> <p>Based in Community/Recreation Centres. Attendance can be full or part-time. Programs are fee for service. Please call for more information. Specialize in offering activities which are meaningful to the individual and which offer opportunities for participation and inclusion in community life.</p> <p>Pegasus offers a wide range of activities in the areas of fitness and recreation, Literacy, Computer experience, Snoezelen, Drama, Music, Community Volunteer opportunities, some Employment opportunities, Working in the Pegasus Thrift Store and other Social Enterprise experiences, Exploring the City, Exploring the Arts, Social/Emotional coaching and support, TTC skill building, Life skills. Special Focus classes – Beginning in January 2012 Pegasus will offer themed programming days (e.g. Learn to Sew, Beading Level 1, etc.) Please call for more information – 416-691-6835</p> | | | | | | | | | | |
| Area / Location | <table border="0"> <tr> <td>Location of the core Pegasus programs:</td> <td>Plus Satellite locations:</td> </tr> <tr> <td>Queen East and Coxwell</td> <td>Queen and Greenwood</td> </tr> <tr> <td>Queen East and upper Lee Avenue</td> <td>Queen East and lower Lee Avenue</td> </tr> <tr> <td>Main Street and Gerrard Street East</td> <td>Queen East and Logan Avenue</td> </tr> <tr> <td>Queen East and Pape Avenue</td> <td></td> </tr> </table> | Location of the core Pegasus programs: | Plus Satellite locations: | Queen East and Coxwell | Queen and Greenwood | Queen East and upper Lee Avenue | Queen East and lower Lee Avenue | Main Street and Gerrard Street East | Queen East and Logan Avenue | Queen East and Pape Avenue | |
| Location of the core Pegasus programs: | Plus Satellite locations: | | | | | | | | | | |
| Queen East and Coxwell | Queen and Greenwood | | | | | | | | | | |
| Queen East and upper Lee Avenue | Queen East and lower Lee Avenue | | | | | | | | | | |
| Main Street and Gerrard Street East | Queen East and Logan Avenue | | | | | | | | | | |
| Queen East and Pape Avenue | | | | | | | | | | | |
| Hours | Weekdays, 8:30 AM -3:30 PM | | | | | | | | | | |
| Evenings / Weekends | No | | | | | | | | | | |
| Flexible Days | Yes | | | | | | | | | | |
| Staff: Client Ratio | 1:2.5; 1:1 also available | | | | | | | | | | |
| Accessible Space | Yes | | | | | | | | | | |
| Individual Programs | Yes | | | | | | | | | | |
| Work Options | Yes | | | | | | | | | | |
| Volunteer Opportunities | Yes, in local community | | | | | | | | | | |
| Recreation Options | Yes | | | | | | | | | | |
| Community Outings | Yes, 1:1 or small group outings | | | | | | | | | | |
| Sensory Programs | Yes, Snoezlen and other opportunities | | | | | | | | | | |
| Special Focus (i.e. Autism) | Able to support individuals with a wide range of support needs, including medical and personal support needs. | | | | | | | | | | |
| Cultural Focus | Open to all | | | | | | | | | | |
| Flexible Activities | Yes | | | | | | | | | | |
| Supported Community Options | Yes. A wide range of opportunities available based on individual preferences | | | | | | | | | | |

| Reena - Outreach Programs | |
|---------------------------------------|--|
| Contact | For more information about the program, please contact: Robyn Gibson, Supervisor rgibson@reena.org |
| Phone | 905-889-6484 ext. 2116 |
| Website | www.reena.org/ |
| Service options/details: | These recreational and enrichment programs focus on the social/recreational aspect. Sunday Program (up to 25yrs.), Bowling (adults), Basketball (teens and adults), Café Lundi (adults). |
| Area / Location | Toronto and Thornhill |
| Hours | Varies |
| Evenings / Weekends | Yes |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:1 or less support (Café Lundi 1:10 support or less) |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | No |
| Volunteer Opportunities | No |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Reena's Snozelen Room |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Jewish, open to all cultures |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Reena – Day Program | |
|---------------------------------------|--|
| Contact | Rochelle Spekkens & Elaine Goldbach (Intake Social Workers) rspekkens@reena.org or egoldbach@reena.org. |
| Phone | 905-889-6484 ext. 2051 and 2057 |
| Website | www.reena.org/ |
| Service options/details: | Day Programs support individuals with diverse skills & interests, flexible and responsive to client's varied abilities, programs include Visual Arts, Music Appreciation, Computer Training, Library / Academic Centre, Vocational, Sports / Recreation and Leisure, Greenhouse, Community Awareness, Community Employment Experience Sites, Maintenance Crew, Volunteer Opportunities, Older Adult Programs |
| Area / Location | Thornhill, Ontario |
| Hours | 9 to 3 |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:1 to 1:4 |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Reena's Snozelen Room |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Jewish, open to all cultures |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Reena - CHANNELS DAY PROGRAM | |
|-------------------------------------|--|
| Contact | Rochelle Spekkens & Elaine Goldbach (Intake Social Workers) rspekkens@reena.org or egoldbach@reena.org |
| Phone | 905-889-6484 ext. 2051 and 2057 |
| Website | www.reena.org/ |
| Service options/details: | This half-day day program focuses on setting and attaining vocational & life goals. Participants can attend program up to five days a week with varying workshops/outings focusing on: media literacy, current events, vocational skills, life skills management, social skills & recreational activities. Group also participates in volunteering once a week. 1:1 meetings available with staff team to work on setting and meeting vocational goals. Job coaching also available, if necessary. |
| Area / Location | Thornhill, Ontario |
| Hours | 1pm – 4pm |
| Evenings / Weekends | Job coaching as needed |
| Flexible Days | Yes |
| Staff: Client Ratio | 1 : 6 (or less support) |
| Accessible Space | No |
| Individual Programs | Yes |
| Work Options | Vocational counseling available to help participants attain paid placements |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus | Dual Diagnosis; 21+ years of age |
| (i.e. Autism) | |
| Cultural Focus | Jewish, open to all cultures |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Reena - Pathways Day Program – North & South Locations | |
|---|--|
| Contact | Rochelle Spekkens & Elaine Goldbach (Intake Social Workers) rspekkens@reena.org or egoldbach@reena.org |
| Phone | 905-889-6484 ext. 2051 and 2057 |
| Website | www.reena.org/ |
| Service options/details | Day program is tailored to suit the needs of individuals transitioning out of the high school system. Activities focus on developing social skills & life skills. Volunteer and work placements are available, as well. Program also includes creative arts, music appreciation, recreational outings, volunteering, special guests, physical activity & cooking programs. |
| Area / Location | 1. Pathways North – Thornhill, Ontario 2. Pathways South – Toronto, Ontario (located on University of Toronto campus) |
| Hours | 9:00am – 3:00pm |
| Evenings / Weekends | No |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:4 (or less support) |
| Accessible Space | No |
| Individual Programs | No |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | No |
| Special Focus | 21+ years of age |
| Cultural Focus | Jewish, open to all cultures |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Salvation Army | |
|------------------------------------|--|
| Contact | Nicky Hall (Enrichment Program Director) |
| Phone | 416- 285-4373 extension 2 |
| Website | http://www.salvationarmy.ca/ |
| Service options /details: | Day supports (Arts, Communication, social skills/emotional development, life skills) |
| Area / Location | 150 Railside Road |
| Hours | Monday – Friday 9am-3pm |
| Evenings / Weekends | Tuesdays and Thursdays 3pm-9pm Saturdays 9:30am-3:30pm |
| Flexible Days | Yes |
| Staff: Client Ratio | Varied (1:4) - (1:1) |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Christian-open to all |
| Flexible Activities | Yes (individualized to meet personal goals) |
| Supported Community Options | Yes |

| Surex Community Services | |
|------------------------------------|---|
| Contact | colin.hamilton@surexcs.com |
| Phone | 416-469-4109 |
| Website | http://www.surexcs.com/services/ |
| Service options /details: | <p>Day Program: Also known as the "John Carbone Centre" is an active, stimulating environment that promotes learning and growth.</p> <p>The Centre offers several program components:</p> <p>Recreation – provides leisure and recreation opportunities and an atmosphere to promote socialization</p> <p>Routines & Structure – provides familiarity and predictability through routines; maintain and enhance daily living skills, maintain and develop communication and social skills, promote health nutrition and fitness balance.</p> <p>Training – provides academic learning opportunities, maintain and develop communication skills and build social skills.</p> <p>Sensory – provides a high level of physical and emotional support and care in a stimulating and safe environment.</p> <p>Community Events – provides opportunities for community inclusion</p> <p>These program components are designed to meet the specific needs and challenges of each individual. We stress active individual participation and integration into the community wherever possible.</p> |
| Area / Location | East Toronto |
| Hours | Monday to Friday 9:00 AM to 5:00 PM/Day Program from 8am-4pm |
| Evenings / Weekends | No |
| Flexible Days | No |
| Staff: Client Ratio | 1:4 |
| Accessible Space | Yes |
| Individual Programs | |
| Work Options | No |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | Individuals with a developmental disability; individuals with a dual diagnosis and /or challenging behaviours. |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| Vita | |
|------------------------------------|--|
| Contact | Emily Romita—Director of Programs and Support Services email |
| Phone | 416-749-6234 ext.242 |
| Website | www.vitacsls.org |
| Service options /details: | Community based as well as centre based activities |
| Area / Location | Greater Toronto & Vaughan |
| Hours | 9am-5pm |
| Evenings / Weekends | Yes |
| Flexible Days | Yes |
| Staff: Client Ratio | 1:1 - 1:6 |
| Accessible Space | Yes |
| Individual Programs | Yes |
| Work Options | Yes |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | Yes |
| Sensory Programs | Yes |
| Special Focus (i.e. Autism) | Various |
| Cultural Focus | Open to all |
| Flexible Activities | Yes |
| Supported Community Options | Yes |

| Woodgreen | |
|------------------------------------|--|
| Contact | Mary Anne Welsh |
| Phone | 416-645-6000 x 1167 |
| Website | http://woodgreen.org/ |
| Service options /details: | Social groups (Art Therapy, Beading), Supported Volunteer Program, Social and recreational groups. We also offer support to clients in helping to resolve personal issues, and to build important life skills such as problem solving, budgeting and making friends. |
| Area / Location | East and South Toronto |
| Hours | Art Therapy – Mondays 1:30pm-2:30pm Beading Group – Thursday 2pm-3:30pm |
| Evenings / Weekends | No |
| Flexible Days | No |
| Staff: Client Ratio | Varies |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | No |
| Volunteer Opportunities | Yes |
| Recreation Options | Yes |
| Community Outings | No |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | Adults living independently |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

| Unison Health and Community Services | |
|---|---|
| Contact | Kam Lau – Community Program Manager |
| Phone | 416-653-5400 ext. 1266 |
| Website | www.unisonhcs.org |
| Service options /details: | Art Group and Social Group |
| Area / Location | West of Yonge |
| Hours | Art Group, every Monday from 10-1 pm and 2 - 4 pm; Social Group – once a month on Monday from 4-6 pm |
| Evenings / Weekends | No |
| Flexible Days | No |
| Staff: Client Ratio | |
| Accessible Space | Yes |
| Individual Programs | No |
| Work Options | No |
| Volunteer Opportunities | Yes |
| Recreation Options | No |
| Community Outings | Via Social Group |
| Sensory Programs | No |
| Special Focus (i.e. Autism) | |
| Cultural Focus | Open to all |
| Flexible Activities | No |
| Supported Community Options | No |

