



Community Participation Programs Information

These community participation program listings can be a useful tool to support you when choosing a service or resource. Please contact the following programs for more detailed information.

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ADDUS	
Contact	Christine Pirson – Day Supports Manager
Phone	416-544-8847 ext.23
Website	www.addus.org/home.html
Service options / details:	Day Supports, Community connections support: Individualized Support Program, Vocation, Social Club, Saturday Events
Area / Location	Yonge/Eglinton and Bloor West Village
Hours	8:30am – 3:00pm (Mon-Fri)- Day program 2:30-5:30 Tues+Thurs – Social Club 1:30-7pm Saturday Events program
Evenings / Weekends	Limited – see above
Flexible Days	No
Staff: Client Ratio	1:5, 1:3 on occasion 1:1
Accessible Space	Limited Accessibility
Individual Programs	ISP – limited availability
Work Options	Yes – however currently at capacity
Volunteer Opportunities	Yes – through day program blocks
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	No
Special Focus (i.e. Autism)	No
Cultural Focus	No
Flexible Activities	Yes
Supported Community Options	Yes – via current programs in Day supports and community connections program
Work, Volunteer, Rec. etc.	

BRCB – Bob Rumball Centre for the Deaf	
Contact	Margie Caird - Program Facilitator
Phone	416-449-9651 ext. 127 (voice) 416-449-2728 (TTY)
Website	www.bobrumball.org/BRCB/brcb_home.html
Service options / details:	Adult Community Access Supports - Enhance independence to Deaf individuals with an intellectual disability. Program offers a wide variety of activities such as wood working, computer skills, life skills/social skills, arts and crafts, various day trips in the community and more
Area / Location	Toronto / Bayview & Lawrence
Hours	8:00am to 3:30pm
Evenings / Weekends	No
Flexible Days	Yes
Staff: Client Ratio	1:05
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	No
Community Outings	Yes
Sensory Programs	No
Special Focus (i.e. Autism)	Deaf
Cultural Focus	No
Flexible Activities	Yes
Supported Community Options	No
Work, Volunteer, Rec. etc.	No

Christian Horizons	
Contact	Bobbi Jo Hillman - Community Development Manager
Phone	416-630-3646 ext. 230
Website	www.christian-horizons.org/
Service options / details:	<p>Community Support Services Activities, planned according to the needs and preferences of the person, may include lifeskills instruction (including cooking), recreation, community integration, volunteerism, sensory (Snoezelen), physical activity, crafting, carpentry, music and more. Assist in meeting mental health, behavioural, and medical needs.</p> <p>Assist individuals in identifying and using their strengths and resources. Maintain or develop strategies to enhance quality of life (life skills, self-care, employment, community life, and spiritual life).</p> <p>Promote community involvement and the use of community resources. Promote recreation and leisure/fitness opportunities.</p> <p>Are outcome-oriented, evaluated and responsive</p>
Area / Location	North Toronto
Hours	8:30 a.m. - 3:30 p.m.
Evenings / Weekends	No
Flexible Days	Yes
Staff: Client Ratio	Varies
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	No
Cultural Focus	Christian
Flexible Activities	Yes
Supported Community Options	Yes, community intergration/involvement
Work, Volunteer, Rec. etc.	

Community Living Toronto	
Contact	Access and Information Coordinators
Phone	647-426-3219 647-426-3220
Website	www.communitylivingtoronto.ca
Service options / details:	Facilitators are available to support you in choosing your individualized community and program activities. We offer supports to help you develop a person-directed plan and individualized budget. Planning is based on personal interests, strengths, support
Area / Location	Toronto
Hours	Daily
Evenings / Weekends	Yes
Flexible Days	Yes
Staff: Client Ratio	Varies with needs of person and activity
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	
Special Focus (i.e. Autism)	
Cultural Focus	
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

C.O.R.E	
Contact	Intake Coordinator
Phone	416-340-7929 ext 294
Website	www.core-toronto.ca
Service options / details:	Individualized day programming for adults with developmental disabilities, mental illness or dual diagnosis. Centre Based Day Program has flexible hours and can be part-time. Lifestyle Strategies program is for young adults aged 16+ who are transitioning into adulthood, and is full-time. Culinary Connections program offers training for the food and hospitality industry through kitchen skills and meal preparation, under the supervision of a certified chef. All programs offer social and emotional support and work-related activities. Off-site Farm Project is incorporated into Centre Based Day Program and Lifestyle Strategies
Area / Location	11 Charlotte Street (King and Spadina)
Hours	Centre Based Day Program and Culinary Connections: M/W/Th 8:30 - 3:00, Tu/F 8:30 - 2:00; Lifestyle Strategies: M/W/Th 9:00 - 3:00, Tu/F 9:00 - 2:00
Evenings / Weekends	Closed
Flexible Days	In Centre Based Day Program
Staff: Client Ratio	1:10
Accessible Space	Yes
Individual Programs	Yes
Work Options	Work and volunteer placement training opportunities in Lifestyle Strategies program and Culinary Connections; work activities available in Centre Based Day Program
Volunteer Opportunities	Volunteer placement training opportunities in Lifestyle Strategies program; placement opportunities in Culinary Connections
Recreation Options	Recreational Therapist on staff who works with all programs; small on-site gym; off-site Farm Project offers outdoor recreational activities, daily living skills and exposure to farm animals
Community Outings	Yes
Sensory Programs	
Special Focus (i.e. Autism)	Adults with developmental disabilities / mental illness / dual diagnosis/ autism spectrum disorders/ individual behavioural and diverse needs
Cultural Focus	
Flexible Activities	Structured individualized programming in Lifestyle Strategies; flexible activities in Centre Based Day Program
Supported Community Options	Programming integrated into larger community
Work, Volunteer, Rec. etc.	

Corbrook - Work Centre	
Contact	Intake Worker
Phone	416-245-5565
Website	www.corbrook.net
Service options / details:	Work Centre program focusing on light packaging and assembly contracts
Area / Location	Jane / Trethewey
Hours	8:30 a.m.-3:45 p.m. M-F
Evenings / Weekends	No
Flexible Days	Minimum Requirements
Staff: Client Ratio	1-20
Accessible Space	Yes
Individual Programs	N/A
Work Options	Incentive Earning
Volunteer Opportunities	N/A
Recreation Options	N/A
Community Outings	N/A
Sensory Programs	N/A
Special Focus (i.e. Autism)	N/A
Cultural Focus	N/A
Flexible Activities	N/A
Supported Community Options	N/A
Work, Volunteer, Rec. etc.	Literacy Program on site

Corbrook – R.E.V.E.L	
Contact	Intake Worker
Phone	416-431-9000
Website	www.corbrook.net
Service options / details:	Offer a variety of Social/Recreational Activities
Area / Location	Progress / Markham
Hours	9:00 a.m.-3:00 p.m. M-F
Evenings / Weekends	No
Flexible Days	Yes – can be part time
Staff: Client Ratio	1-10
Accessible Space	Yes
Individual Programs	N/A
Work Options	N/A
Volunteer Opportunities	N/A
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	No
Special Focus (i.e. Autism)	N/A
Cultural Focus	N/A
Flexible Activities	Flexible schedule in Centre Based Activities
Supported Community Options	N/A
Work, Volunteer, Rec. etc.	Not at this time

Common Ground Coop.	
Contact	Gladys Bumanglag – Training Coordinator
Phone	416-421-7117 ext. 3
Website	www.commongroundco-op.ca
Service options / details:	A non profit organization that creates business opportunities for people with developmental disabilities. Common Ground Cooperative currently supports 4 social enterprises, which are operated and owned by 50+ Partners with developmental disabilities. In addition to these social enterprises, we offer a Foundation Program for people with developmental disabilities transitioning out of school to the working world for individuals 18+.
Area / Location	GTA
Hours	8:00am to 6:00pm - Hours vary from location
Evenings / Weekends	N/A
Flexible Days	Monday - Friday Only
Staff: Client Ratio	Varies from location
Accessible Space	N/A
Individual Programs	N/A
Work Options	4 Social Enterprises - applicants can apply to become an Apprentice
Volunteer Opportunities	Yes - where needed
Recreation Options	N/A
Community Outings	N/A
Sensory Programs	N/A
Special Focus (i.e. Autism)	Developmental Disability
Cultural Focus	N/A
Flexible Activities	N/A
Supported Community Options	Job Coaching
Work, Volunteer, Rec. etc.	

Frontier College	
Contact	Susan Macdonald – Program Coordinator
Phone	416-923-3591 Ext: 321
Website	<i>www.frontiercollege.ca</i>
Service options / details:	One-to-one literacy and numeracy tutoring, individually or in a small group setting.
Area / Location	Frontier College - Yonge/St. Clair and JVS Al Green Resource Centre– Dufferin/Lawrence
Hours	2 hour sessions Monday to Thursday
Evenings / Weekends	No weekends
Flexible Days	Yes, once a week
Staff: Client Ratio	One-to-one, two to five
Accessible Space	Yes
Individual Programs	Yes
Work Options	No
Volunteer Opportunities	Yes
Recreation Options	No
Community Outings	No
Sensory Programs	No
Special Focus (i.e. Autism)	Level one or pre level one learners (basic literacy)
Cultural Focus	No
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	No

Geneva Centre for Autism (ADULT SERVICES ARE LISTED)	
Contact	Kevin Forrest - Supervisor, Training Institute
Phone	416 322 7877 ext. 314
Website	www.autism.net/
Service options / details:	Day Supports Program; Individualized Transitional Supports; Counselling; Behaviour / Communication Consultation; Adult Social Skills, Speech and Language, Occupational Therapy and / or Psychological Assessment and Consultation are available
Area / Location	Yonge / Davisville
Hours	Flexible weekday appointments
Evenings / Weekends	
Flexible Days	Yes
Staff: Client Ratio	Individualized
Accessible Space	112 Merton is wheelchair accessible and has barrier free washrooms. Street parking close to entrance.
Individual Programs	Yes
Work Options	No
Volunteer Opportunities	No
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	O.T. consultation as deemed appropriate
Special Focus (i.e. Autism)	Yes - Autism Spectrum Disorders
Cultural Focus	Culturally sensitive
Flexible Activities	Yes
Supported Community Options	Individualized
Work, Volunteer, Rec. etc.	Individualized

Griffin Centre	
Contact	Adult Intake Worker
Phone	416-222-1153
Website	www.griffin-centre.org/
Service options / details:	<p>The Griffin Community Support Network Through its Community Support Network, the Griffin Centre offers specialized assessments and consultations, treatment, short-term case management, short-term residential support, short-term day program support and access to hospital supports for adults with a dual diagnosis or a developmental disability. Depending on the circumstances and the availability of resources, the Network has the capacity to offer staffing support for integrating individuals into community-based settings. The service is for individuals who are not in acute psychiatric crisis and are able to be placed safely in a community-based settings.</p> <p>The Network augmented through Transitional Support Services for individuals with a dual diagnosis comprised of the following service components.</p> <p>Provided in partnership with VITA Community Living Services, a one-year, transitional support, community living residential option is offered for individuals with a dual diagnosis who are homeless or at risk of being homeless or frequently use hostel services, have multiple hospitalizations and/or involvement in the criminal justice system.</p> <p>Adult Social Club With funding provided by the Ministry of Community and Social Services, and the support of community service providers through the Respite Cluster, the Griffin Centre provides an opportunity for individuals with a dual diagnosis to participate in their community. These individuals are often isolated within the community and have few opportunities to meet new people and learn some new ways of coping. The Adult Social Club offers a chance to socialize and have some fun in a supported setting. This Club meets one evening per week and runs for 8 week sessions in the fall, winter and spring. Participants must be 18 years or older.</p>
Area / Location	Toronto (24 Silvertown Drive North York, Ontario M2M 2B3)
Hours	Mon-Fri 9:00 a.m. to 3:30 p.m. (12 week semester system)
Evenings / Weekends	
Flexible Days	Yes
Staff: Client Ratio	Varies
Accessible Space	Yes
Individual Programs	N/A
Work Options	Yes
Volunteer Opportunities	Yes

Griffin Centre – Cont'd	
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	N/A
Special Focus (i.e. Autism)	Dual Diagnoses
Cultural Focus	N/A
Flexible Activities	N/A
Supported Community Options	Yes, as a group
Work, Volunteer, Rec. etc.	Yes

Reconnect – Offered in Partnership with Griffin Centre & CORE	
Contact	Intake Worker
Phone	416-248-2050 ext. 239
Website	www.reconnect.on.ca/
Service options /details:	The Dual Diagnosis Day Program is a one-year program that offers group programming and case management to individuals who have a dual diagnosis (serious mental illness and developmental disability). Through the program, participants are assisted in transitioning to long-term supports in other Reconnect programs or in other community-based programs. The program is offered in partnership with Griffin Centre and CORE.
Area / Location	West/Etobicoke
Hours	M-F daytime hours
Evenings / Weekends	No
Flexible Days	Depends on program
Staff: Client Ratio	1:12
Accessible Space	Limited
Individual Programs	No
Work Options	No
Volunteer Opportunities	No
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	No
Special Focus (i.e. Autism)	Mental health (must be primary focus)
Cultural Focus	No
Flexible Activities	No
Supported Community Options	No
Work, Volunteer, Rec. etc.	No

Harmony Place	
Contact	Antonella Paolicelli – Program Manager
Phone	416-510-3114
Website	www.harmonyplace.on.ca/
Service options / details:	Health/Wellness; Social/Rec; Life Skills; Volunteer jobs
Area / Location	East
Hours	9:00am-3:00pm
Evenings / Weekends	N/A
Flexible Days	2-5
Staff: Client Ratio	1:3
Accessible Space	X
Individual Programs	X
Work Options	volunt.
Volunteer Opportunities	
Recreation Options	X
Community Outings	X
Sensory Programs	X
Special Focus (i.e. Autism)	
Cultural Focus	
Flexible Activities	X
Supported Community Options	X
Work, Volunteer, Rec. etc.	

Humber College – Community Integration Through Co-Operative Education (CICE) Program	
Contact Name / Position	Rosanna To, program co-ordinator
Phone	416.675.6622 ext. 4288
Website	http://postsecondary.humber.ca/cice.htm
Service options / details:	<p>The Community Integration through Co-operative Education program provides adults with developmental disabilities the opportunity to experience college life. You will have the opportunity to acquire skills you can use at college, work, home, and in the community.</p> <p>The goals of the program are to support students to:</p> <ul style="list-style-type: none"> • participate in college programs and activities • test and develop skills for potential employment • pursue personal areas of academic/vocational interest • function more independently by attending classes in social, academic and life skills development • strengthen skills and self-confidence to enrich the quality of their lives and actively participate in their community. <p>The CICE program offers both integrated and segregated learning opportunities. Classes with peers from the CICE program focus on developing independent skills in areas such as writing, basic mathematics, communications, life skills and human relations.</p>
Area / Location	Humber North Campus - 205 Humber College Blvd.
Hours	See Timetable for course times
Evenings / Weekends	No
Flexible Days	No
Staff: Client Ratio	Classroom setting: 20:1
Accessible Space	Yes
Individual Programs	No
Work Options	Yes - Beginning in semester two, students will have an opportunity to participate in a field placement, which gives them work experience either on or off campus
Volunteer Opportunities	No
Recreation Options	No
Community Outings	No
Sensory Programs	No

Special Focus (i.e. Autism)	No
Cultural Focus	No
Flexible Activities	No
Supported Community Options	No
Work, Volunteer, Rec. etc.	No

JVS-AI Green Workshop	
Contact	Ken Percy –Workshop Supervisor
Phone	416-782-3976 ext. 209
Website	www.jvstoronto.org/index.php?page=the_al_green_resource_centre
Service options / details:	A workshop focusing on light industrial and packaging contracts
Area / Location	Dufferin and Eglinton
Hours	9:00-3:00 flexible M-F
Evenings / Weekends	No
Flexible Days	Yes
Staff: Client Ratio	1:10
Accessible Space	Yes
Individual Programs	No
Work Options	Stipend
Volunteer Opportunities	Yes
Recreation Options	No
Community Outings	No
Sensory Programs	No
Special Focus (i.e. Autism)	Developmental Disability
Cultural Focus	N/A
Flexible Activities	N/A
Supported Community Options	N/A
Work, Volunteer, Rec. etc.	Volunteer

JVS-YCCS	
Contact	Pamela Eusebio – Workforce Specialist
Phone	416-782-3976 ext. 204
Website	www.jvstoronto.org/index.php?page=youth_community_choices_for_success_yccs
Service options / details:	A social/recreation and employment program which leads to volunteer placements in the community
Area / Location	Dufferin and Eglinton
Hours	9:00-5:00 flexible M-F
Evenings / Weekends	No
Flexible Days	Yes
Staff: Client Ratio	1:7.5
Accessible Space	Yes
Individual Programs	No
Work Options	Volunteer
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	Developmental Disability and Mental Health
Cultural Focus	N/A
Flexible Activities	N/A
Supported Community Options	N/A
Work, Volunteer, Rec. etc.	Volunteer

JVS-DWC	
Contact	Jessica Pochodaj - Workforce Specialist
Phone	416-782-3976 ext 203
Website	www.jvstoronto.org/index.php?page=developing_work_connections_dwc
Service options / details:	A social/recreation and employment program which leads to volunteer placements in the community
Area / Location	Dufferin and Eglinton
Hours	9:00-5:00 flexible M-F
Evenings / Weekends	No
Flexible Days	Yes
Staff: Client Ratio	1:10
Accessible Space	Yes
Individual Programs	No
Work Options	Volunteer
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	No
Special Focus (i.e. Autism)	Developmental Disability
Cultural Focus	N/A
Flexible Activities	N/A
Supported Community Options	N/A
Work, Volunteer, Rec. etc.	Volunteer

JVS-Path 2 Work	
Contact	Selam Al-azar – Vocational Counsellor
Phone	416-782-3976
Website	www.jvstoronto.org/index.php?page=path_2_work
Service options / details:	A program designed to assist persons with developmental disabilities achieve paid employment
Area / Location	Dufferin and Eglinton
Hours	Varies dependent on stage of program
Evenings / Weekends	No
Flexible Days	N/A
Staff: Client Ratio	1:04
Accessible Space	Yes
Individual Programs	No
Work Options	Paid
Volunteer Opportunities	Yes
Recreation Options	No
Community Outings	No
Sensory Programs	No
Special Focus (i.e. Autism)	Developmental Disability
Cultural Focus	N/A
Flexible Activities	N/A
Supported Community Options	N/A
Work, Volunteer, Rec. etc.	Work

Kerry's Place	
Contact	Cheryl Semple – Autism Consultant
Phone	416-537-2000 ext 233
Website	www.kerrysplace.org
Service options /details:	Services and supports to adults and children with ASD, including Aspergers and PDD. Programs include: residential group homes and Supported Independent Living (SIL), day and over-night respite, swim club, social club and other recreational programs, community consultation and supports for children and youth, clinical and behavioural services.
Area / Location	Toronto
Hours	Hours of service vary depending on the particular program; please inquire for more details
Evenings / Weekends	Yes, please inquire.
Flexible Days	
Staff: Client Ratio	Staff to participant ratio varies depending on the program and services
Accessible Space	Main office is not wheelchair accessible; accessibility at other locations is limited and dependent on site-specific activities. There is partial access via a ramp at the Resource Centre (please call beforehand to ensure a clear way up the driveway: 416-534-1644) but no wheelchair access to its bathroom.
Individual Programs	Yes
Work Options	No
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	Autism Spectrum Disorders/ PDD
Cultural Focus	Open to all
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

L'Arche Toronto	
Contact	Amy DeMoulin - Executive Director, Community Leader
Phone	416-406-2869 ext 28
Website	www.larchetoronto.org
Service options /details:	Daytime Arts Program - Each day the group of young adults will work with Cheryl Zinyk, or others in the creative arts community, to develop skills in drama, dance, voice and art. Programs: Sol Express Performers - This program is open to committed people who have a developmental disability and love to perform. Participants must be able to travel independently, to take direction, and to work well in a team. Sol Express Creative Encounters - This is a non performance oriented session that involves music, movement, crafts, theatre games and story development. Sol Express Retreat Leaders - Participants are actively involved in working and co-leading in a student retreat program.
Area / Location	East York
Hours	9:30AM - 3:00PM Sol Express Performers - Tues. & Wed. Sol Express Creative Encounters – Thurs. Sol Express Retreat Leaders – Fri.
Evenings / Weekends	No
Flexible Days	No
Staff: Client Ratio	1:06
Accessible Space	Yes
Individual Programs	No
Work Options	No
Volunteer Opportunities	No
Recreation Options	No
Community Outings	Yes
Sensory Programs	No
Special Focus (i.e. Autism)	No
Cultural Focus	No
Flexible Activities	No
Supported Community Options	No
Work, Volunteer, Rec. etc.	No

Mary Centre	
Contact	Terry Elliott – Program Manager
Phone	(905) 866-6300 ext. 221
Website	www.marycentre.com/
Service options /details:	Community Support: Individual Support & Introduction to Community – teaches life skills such as cooking, community and social skills
Area / Location	Peel Region
Hours	8:30A.M – 3:00 P.M
Evenings / Weekends	No
Flexible Days	Yes
Staff: Client Ratio	Approximately 1:5
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	No
Special Focus (i.e. Autism)	Adults (21 and older) with developmental disabilities
Cultural Focus	Multicultural
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

Meta Centre	
Contact	Social Work Services Unit
Phone	416-736-0199
Website	http://www.metacentre.ca/home.html
Service options /details:	Day Programming - Monday to Friday (Fee-for-Service)
Area / Location	Scarborough and Toronto
Hours	9:00am-3:00pm
Evenings / Weekends	No
Flexible Days	Yes
Staff: Client Ratio	Low-High
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	Dev. Dis.
Cultural Focus	No
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

Montage Support Services	
Contact	Brian Woodman – Manager of Individualized Planning and Support
Phone	416-780-9630 ext.237
Website	www.montagesupport.ca
Service options / details:	Individualized Planning and Support for people who receive individualized funding and would like help implementing supports that are unique to each person. This can include, but is not limited to, creating a person-directed plan, hiring staff, making community connections, writing contracts, creating budgets, helping you build a support network, investigate housing options, and helping administer your funds.
Area / Location	City of Toronto
Hours	Flexible
Evenings / Weekends	Yes
Flexible Days	Yes
Staff: Client Ratio	N/A
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	Yes
Cultural Focus	Yes
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

Muki Baum	
Contact	Cheryl Farrugia – Director of Programming Services
Phone	416-633-5775
Website	www.mukibaum.com/
Service options /details:	<p>Adult Day Services – Vocational Program – enables people to participate in various work situations including in-house contract work, work placement in community businesses and paid employment</p> <p>Sensory Programs – all encompassing Sensory-Motor Program focuses on treating sensory processing issues with methods such as sensory integration therapy and development of individualized sensory diets; the treatment program reduces anxiety, develops coping strategies and allow opportunities for learning self regulation and self expression</p> <p>Art Program – opportunity to enjoy art as an audience and as a creator (includes jewelry making, pottery, knitting and needlepoint, producing greeting cards, acrylics on canvas, paper Mache, shadow boxes and more)</p> <p>Expressive Arts Therapy – provides individuals with a means to express and communicate their thoughts and feelings in a safe and creative way (materials include clay, pastels, mixed medium, virtual reality, movement and gestures through dance and drama, listening to music, singing and playing musical instruments)</p>
Area / Location	40 Samor Road, Toronto, ON (Dufferin & Lawrence area)
Hours	8:30 – 3:00 Monday - Friday
Evenings / Weekends	No
Flexible Days	No
Staff: Client Ratio	Varies
Accessible Space	Yes
Individual Programs	No
Work Options	Yes
Volunteer Opportunities	No
Recreation Options	No
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	Dual Diagnosis
Cultural Focus	No
Flexible Activities	No
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

New Leaf	
Contact	Dean Johnson – Director: Day Programs, Staff Development and Training dean@newleaf.ca
Phone	905-478-1418 ext 216
Website	www.newleaf.ca/
Service options /details:	The day program is a working farm which is operated maintained and developed by the residents. We also produce our own quality wood products in our Craft Shop and grow our own plants in our greenhouse. The day programme incorporates an Expressive Arts program which is housed in the Pool and Rec Centre.
Area / Location	Out of Toronto
Hours	9 a.m. - 3 p.m.
Evenings / Weekends	No
Flexible Days	Yes, part time
Staff: Client Ratio	N/A
Accessible Space	Yes
Individual Programs	No
Work Options	N/A
Volunteer Opportunities	N/A
Recreation Options	N/A
Community Outings	N/A
Sensory Programs	N/A
Special Focus (i.e. Autism)	N/A
Cultural Focus	N/A
Flexible Activities	N/A
Supported Community Options	N/A
Work, Volunteer, Rec. etc.	N/A

New Visions Toronto	
Contact	Deepak Soni – Director of Services
Phone	416-868-1493 ext. 229
Website	www.newvisionstoronto.com
Service options /details:	Residential (children and adults w physical & devt. Disab.)
Area / Location	Toronto
Hours	24h
Evenings / Weekends	N/A
Flexible Days	N/A
Staff: Client Ratio	2:3
Accessible Space	Yes
Individual Programs	Yes
Work Options	N/A
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	N/A
Cultural Focus	No
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

Operation Springboard	
Contact	Sherry Gautam – Intake
Phone	416-913-1301 ext. 30
Website	www.operationspringboard.on.ca/
Service options /details:	Day, Evening and Weekend Vocational and Life Skills Training in 12 main areas including: Nutrition, Computers, Budgeting, Relationship Building, Peer Mentorship, Health, Recreation and Vocational Training in the areas of volunteering, job trials and competitive employment. Site Specific Job Coaching, TTC Training.
Area / Location	Scarborough
Hours	Mon-Tues 9am-4pm Wed-Fri 9am-4pm & 4pm-8pm Sat-Sun 9am-4:30pm
Evenings / Weekends	Yes
Flexible Days	Yes
Staff: Client Ratio	1:6
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	No
Special Focus (i.e. Autism)	Various
Cultural Focus	Yes
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

Pegasus	
Contact	Cheryl Galbraith - Program Manager
Phone	416-691-6835
Website	www.pegasustoronto.ca/
Service options /details:	Program of day activities for adults with developmental disabilities. Based in Community/Recreation Centres. Attendance can be full or part-time. Eight week course format available in 2008. Please call for more information. Specialize in offering activities which are meaningful to the individual and which offer opportunities for participation in community life and inclusion. Some of the range of activities: Fitness and sports, Literacy, Computers, Snoezelen, Drama, Music, Volunteer work, Employment opportunities, Working in agency operated Store and Productive Enterprise, Exploring the City, Exploring the Arts, Social/Emotional coaching and support, TTC skill building, Life skills, Range of Recreational activities.
Area / Location	SH Armstrong Recreation Centre, 56 Woodfield Ave, Toronto, M4L 2W6, (Greenwood/Queen) Beach Recreation Centre, 6 Williamson Rd., Toronto, M4E 1K5, (Queen/Woodbine); Matty Eckler Recreation Centre, 955 Gerrard Street East, Toronto, M4m 1Z4,(Gerrard/Pape); Community Centre 55, 97 Main Street, Toronto, M4E 2V6,(Kingston/Main)
Hours	Weekdays, 8:30 AM -3:30 PM
Evenings / Weekends	No
Flexible Days	Yes
Staff: Client Ratio	1:2.5; 1:1 also available
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes, in local community
Recreation Options	Yes
Community Outings	Yes, 1:1 or small group outings
Sensory Programs	Yes, Snoezlen and other opportunities
Special Focus (i.e. Autism)	No special focus. Able to support a range of individuals, including those with medical needs.
Cultural Focus	No. Languages spoken: English, Urdu, Spanish, Shona, French
Flexible Activities	Yes
Supported Community Options	Yes. A wide range of opportunities available based on individual preferences.
Work, Volunteer, Rec. etc.	Yes, on site in recreation centres and in other generic facilities in community

Reena	
Contact	Rochelle Spekkens – Elaine Goldbach Social Workers Intake
Phone	905-889-6484 ext. 2051 and 2057
Website	www.reena.org/
Service options /details:	Day Programs support individuals with diverse skills & interests, are flexible and responsive to client’s varied abilities, programs include Visual Arts, Music Appreciation, Computer Training, Library / Academic Centre, Vocational, Sports / Recreation and Leisure, Greenhouse, Community Awareness, Community Employment Experience Sites, Maintenance Crew, Volunteer Opportunities, Older Adult Programs
Area / Location	927 Clark Avenue West, Thornhill, ON
Hours	9:00 – 3:00
Evenings / Weekends	
Flexible Days	Yes
Staff: Client Ratio	Varies
Accessible Space	Yes
Individual Programs	Yes, when available
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes – Reena’s Snozelen ® Room
Special Focus (i.e. Autism)	No
Cultural Focus	Jewish, open to all cultures
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

Salvation Army	
Contact	Katie Hodgson – Program Manager
Phone	416-285-4373 ext 2
Website	http://www.salvationarmy.ca/
Service options /details:	Day supports (arts, physical fitness, vocational, lifeskills)
Area / Location	150 Railside Road
Hours	Monday – Friday 8:30 – 3:30
Evenings / Weekends	
Flexible Days	Yes
Staff: Client Ratio	Varied
Accessible Space	Yes
Individual Programs	
Work Options	
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	
Cultural Focus	Christian
Flexible Activities	
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

Please note: Surex Community Services information not available - reformatting the program

Vita	
Contact	Carol Landaverde – Support Services, Toronto
Phone	416-749-6234 ext. 233
Website	www.villacharities.com/vita.asp
Service options /details:	Community based as well as centre based activities
Area / Location	Various
Hours	9:00am-3:00pm
Evenings / Weekends	
Flexible Days	Yes
Staff: Client Ratio	1:1 - 1:6
Accessible Space	Yes
Individual Programs	Yes
Work Options	Yes
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	Yes
Sensory Programs	Yes
Special Focus (i.e. Autism)	Various
Cultural Focus	Multicultural
Flexible Activities	Yes
Supported Community Options	Yes
Work, Volunteer, Rec. etc.	Yes

Woodgreen	
Contact	Mary Anne Welsh
Phone	416-645-6000 x 1167
Website	woodgreen.org
Service options /details:	Adult Protective Service Worker, Supported Independent Living, Parent Outreach Program, Social groups (Tai Chi, Fit and Fun, Active8) Supported Volunteer Program
Area / Location	East and south Toronto
Hours	APSW, SIL, POP 9 - 5 Tai Chi Monday 1:30 - 2:30, Fit and Fun Friday 10:30 - 11:30 Active 8 varies
Evenings / Weekends	No
Flexible Days	No
Staff: Client Ratio	Varies
Accessible Space	Yes
Individual Programs	Case management
Work Options	No
Volunteer Opportunities	Yes
Recreation Options	Yes
Community Outings	No
Sensory Programs	No
Special Focus (i.e. Autism)	Adults living independently: parents of children with a developmental delay.who are in school
Cultural Focus	No
Flexible Activities	No
Supported Community Options	No
Work, Volunteer, Rec. etc.	Yes

York Community Services	
Contact	Kam Lau – Community Program Manager
Phone	416-653-5400 ext 1266
Website	www.ycservices.com/
Service options /details:	Adult Protective Services, Support Independent Living Program, Art Group, Social Group
Area / Location	West of Yonge
Hours	Case Management 9-5; Art Group, every Monday from 10-1 pm and 2 - 4 pm; Social Group - Once a month on Monday from 4-6 pm
Evenings / Weekends	No
Flexible Days	No
Staff: Client Ratio	1 APS - 25 Clients; 1 SIL - 5 Clients
Accessible Space	Yes
Individual Programs	Case Management
Work Options	
Volunteer Opportunities	No
Recreation Options	No
Community Outings	Via Social Group
Sensory Programs	No
Special Focus (i.e. Autism)	No
Cultural Focus	No
Flexible Activities	No
Supported Community Options	No
Work, Volunteer, Rec. etc.	No

Document Updated October 2009