

Building the Path to Home

An Online Guide to Finding Sustainable Housing for People with a Dual Diagnosis

This guide is about housing – and a lot more.

Building the Path to Home is about finding a place to live for a person who has a developmental disability and mental health problems that takes into account their personal preferences and their needs. Housing is only sustainable for someone if they have a strong, caring safety net or support network. So this guide includes information about how to access housing, but it also talks about how to find all the pieces of support needed to make the housing situation work.

It includes:

- A simple way of asking whether a person might have an intellectual disability and/or a mental health problem
- Information to help you support an individual with a dual diagnosis to find, sustain or access support in their housing situation
- Ideas about how to talk to someone with a dual diagnosis about their need for additional support or a change in their housing situation
- Information about the key services in the developmental and mental health systems
- Contact information and web links for housing and support agencies

Contents

First steps	Planning
Understanding the person	Support services
Understanding the situation	Housing options
Risks, crises and emergencies	Conclusion

There are links to the guide at:

www.camh.net/Care_Treatment/Resources_for_Professionals

www.camh.net/Care_Treatment/Program_Descriptions/Mental_Health_Programs/Dual_Diagnosis/dual_diagnosis_familysig.html

**Dual Diagnosis Implementation Committee of Toronto
Housing Issues Working Group**